

DIRECTIONS to BODY MIND ART CENTER

777 County Highway 49, Morris, NY

(607) 263-5004 - retreat center | (607) 263-5003 - at house

FROM POINTS EAST, NORTH OR SOUTH OF MORRIS:

Proceed to the town of Morris on Rte 23 (from east or west) or Rt 51 (from north or south)

Travel 3/4 mile north of Morris on Rt 51

Take the first left north of Morris– a shallow left turn onto a county road without a marker (it is actually County Rte 49)

Proceed 2.3 miles up that road

At the crest of a long hill, look for the retreat center:

Balloons on red barn on right - the one with many windows – this is the Retreat Center

A second smallish red barn, right after that

White house on left, behind trees

Mailbox on left says: 777 (number of house)

(If you go too far, you will come to a crossroads marked “42nd and Broad”)

Please park on the barn side.....and come into the retreat center, the barn w/many windows ☺

FROM NEW BERLIN (WEST OF MORRIS):

From South Main Street (Route 8) proceed toward major crossroads of Rt 29 (West Street) and Rt 80 (Genesee Street)

Turn east onto Genesee Street (Route 80) at the NY Pizzeria, and follow this road about 3.7 miles

Turn right onto County Road 17, stay right at the fork after ½ mile, and proceed another mile

Turn right onto County Road 49

Travel about 4 miles, and watch for crossroads marked “42nd and Broad”

Go to next house on right, just at the top of the hill:

Two smallish red barns on left

Balloons on second barn - the one with many windows – this is the Retreat Center

White house on right, behind trees

Mailbox on right says: 777 (number of house)

Please park on the barn side.....and come into the retreat center, the barn w/many windows ☺